

January

CAFÉ CENTRAL

<p>1</p> 	<p>2</p> <p>Market Table Feature Citrus is very high in antioxidants, which help to reverse the aging process.</p>	<p>3</p> 		<p>5</p> <p>Asian Grilled Chicken Grilled chicken breast, Asian slaw and lettuce on a toasted roll with tangy sweet chili sauce.</p>
	<p>9</p> <p>Grilled Chicken Shawarma Grill feature of the week in your café.</p>		<p>11</p> <p>Grilled Chicken Avocado Ciabatta Deli feature of the week in your café.</p>	<p>12</p> <p>Gluten Free Café Central offers made to order Gluten Free selections everyday in their dedicated GF station.</p> 
<p>15</p> <p><i>I have a dream.</i></p> <p>Martin Luther King Jr. Day</p>	<p>ZOCA FRESH MEXICAN FLAVORS</p> 	<p>17</p> <p>feedyourpotential365™ Discover what healthy foods can do for you. Visit www.fyp365.com</p>	<p>18</p> <p>e-mori RAMEN BAR O-mori This ramen bar brings familiar flavors through comforting menu offerings.</p>	<p>GO FOR THE GOLD™</p> 
<p>TAVOLINO — little table, big Italian taste —</p> <p>Pasta Bar Every Monday, Wednesday and Friday in your café.</p>	<p>23</p>  <p>Missed Breakfast? We've got you covered. Served daily 6:30 AM – 10:30 AM</p>	<p>Saffron</p> <p>Fresh Indian Cuisine Every Tuesday through Friday in your café.</p>	<p>25</p>  <p>Bibim-Box Signature Korean dishes featured in your café.</p>	<p>26</p> <p>YOUR VOICE COUNTS we hear you.</p> <p>Got a minute? Tell us what you think! yourdiningvoice.com</p>
<p>29</p>  <p>Treat Yourself Try a White Chocolate Mocha</p>	<p>Did You Know?</p> <p>DID YOU KNOW</p> <p>You'd have to eat 7 cups of corn flakes to get the same amount of fiber as 1 medium orange.</p>	<p>31</p> 	<p>Skip the Line... Grab Your Bag & Go</p> <p>Mobile Order & Pay with the new Live Plus app!</p>  <p>Download the new LIVE PLUS app Enter UCHICAGO MEDICINE as your location.</p>  <p>We Proudly Serve @Café Central location</p>	

For more information on daily offerings at your café, please visit: ucmdiningservices.com