

NOVEMBER



THE KITCHEN

AT BILLINGS

the ENTREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	<p>ENTREES</p> <p>Chicken Jambalaya (320 Cal) Herbed Tilapia (120 Cal)</p> <p>SOUPS</p> <p>Cheddar Bacon Potato Chowder (480 Cal/640 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Rigatoni & Meatball (360 Cal) Fried Chicken (470 Cal)</p> <p>SOUPS</p> <p>Hearty Chicken Gumbo (320 Cal/420 Cal) Tomato Basil (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Salisbury Steak (300 Cal) Pulled Pork (320 Cal)</p> <p>SOUPS</p> <p>Fire Roasted Vegetable (110 Cal/150 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Beef Pepper Steak (180 Cal) Fried Chicken (470 Cal)</p> <p>SOUPS</p> <p>Broccoli Cheddar (360 Cal/480 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Lemon Tilapia (210 Cal) Beef Stew (210 Cal)</p> <p>SOUPS</p> <p>Timberline Chili (440 Cal/580 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>
6	<p>ENTREES</p> <p>Pot Pie (380 Cal) Cajun Roasted Pork Loin (180 Cal)</p> <p>SOUPS</p> <p>Broccoli Cheddar (360 Cal/480 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Penne & Sausage (840 Cal) Fried Chicken (470 Cal)</p> <p>SOUPS</p> <p>Hearty Chicken Gumbo (320 Cal/420 Cal) Tomato Basil (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Country Fried Steak (390 Cal) Meat Lasagna (340 Cal)</p> <p>SOUPS</p> <p>Vegetable Rice (120 Cal/170 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Swedish Meatballs (620 Cal) Fried Chicken (470 Cal)</p> <p>SOUPS</p> <p>Italian Wedding (200 Cal/270 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Herbed Tilapia (120 Cal) Yankee Pot Roast (260 Cal)</p> <p>SOUPS</p> <p>Timberline Chili (440 Cal/580 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>
13	<p>ENTREES</p> <p>Spaghetti with Meat Sauce (410 Cal) Shrimp & Grits (250 Cal)</p> <p>SOUPS</p> <p>Fire Roasted Vegetable (110 Cal/150 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Swiss Steak (240 Cal) Fried Chicken (470 Cal)</p> <p>SOUPS</p> <p>Hearty Chicken Gumbo (320 Cal/420 Cal) Tomato Basil (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Chicken Parmesan (370 Cal) Beef Meatloaf (270 Cal)</p> <p>SOUPS</p> <p>Three Onion Soup (140 Cal/180 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Stuffed Pork Chop (340 Cal) Fried Chicken (470 Cal)</p> <p>SOUPS</p> <p>Pasta Fagioli (210 Cal/280 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Herbed Tilapia (120 Cal) Beef Macaroni (220 Cal)</p> <p>SOUPS</p> <p>Timberline Chili (440 Cal/580 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>
20	<p>ENTREES</p> <p>Chicken Jambalaya (320 Cal) Herbed Tilapia (120 Cal)</p> <p>SOUPS</p> <p>Cheddar Bacon Potato Chowder (480 Cal/640 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Rigatoni & Meatball (360 Cal) Fried Chicken (470 Cal)</p> <p>SOUPS</p> <p>Hearty Chicken Gumbo (320 Cal/420 Cal) Tomato Basil (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Salisbury Steak (300 Cal) Pulled Pork (320 Cal)</p> <p>SOUPS</p> <p>Fire Roasted Vegetable (110 Cal/150 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p><i>Happy Thanksgiving</i></p> 	
27	<p>ENTREES</p> <p>Pot Pie (380 Cal) Cajun Roasted Pork Loin (180 Cal)</p> <p>SOUPS</p> <p>Broccoli Cheddar (360 Cal/480 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Penne & Sausage (840 Cal) Fried Chicken (470 Cal)</p> <p>SOUPS</p> <p>Hearty Chicken Gumbo (320 Cal/420 Cal) Tomato Basil (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Country Fried Steak (390 Cal) Meat Lasagna (340 Cal)</p> <p>SOUPS</p> <p>Vegetable Rice (120 Cal/170 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Swedish Meatballs (620 Cal) Fried Chicken (470 Cal)</p> <p>SOUPS</p> <p>Italian Wedding (200 Cal/270 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>	<p>ENTREES</p> <p>Herbed Tilapia (120 Cal) Yankee Pot Roast (260 Cal)</p> <p>SOUPS</p> <p>Timberline Chili (440 Cal/580 Cal) Chicken Double Noodle (210 Cal/280 Cal)</p>