

# AUGUST THE KITCHEN

AT BILLINGS

the ENTREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>31</b> <u>ENTREES</u> Lemon Herb Tilapia (210 Cal) BBQ Chicken (440 Cal)  <u>SOUPS</u> Fire Roasted Vegetable (110 Cal/150 Cal) Chicken Double Noodle (200 Cal/270 Cal)	<b>1</b> <u>ENTREES</u> Herb Roasted Pork Loin (150 Cal) Fried Chicken (530 Cal)  <u>SOUPS</u> Barley & Mushroom (120 Cal/160 Cal) Chicken Gumbo (320 Cal/420 Cal)	<b>2</b> <u>ENTREES</u> Country Style Meatloaf (260 Cal) Arroz Con Pollo (250 Cal)  <u>SOUPS</u> Tomato Basil (220 Cal/290 Cal) Chicken & Rice (140 Cal/190 Cal)	<b>3</b> <u>ENTREES</u> Jambalaya (320 Cal) Fried Chicken (530 Cal)  <u>SOUPS</u> Pasta Fagioli (210 Cal/280 Cal) Chicken Double Noodle (200 Cal/270 Cal)	<b>4</b> <u>ENTREES</u> Cheese Lasagna (380 Cal) Fried Chicken (530 Cal)  <u>SOUPS</u> Timberline Chili (440 Cal/590 Cal) Chicken Double Noodle (200 Cal/270 Cal)
<b>7</b> <u>ENTREES</u> Fresh Water Catfish (170 Cal) Asian Five Spice Chicken (120 Cal)  <u>SOUPS</u> Cheddar Bacon Potato Chowder (480 Cal/640 Cal) Chicken Double Noodle (200 Cal/270 Cal)	<b>8</b> <u>ENTREES</u> Herbed Turkey Breast (130 Cal) Fried Chicken (530 Cal)  <u>SOUPS</u> Tomato Basil (220 Cal/290 Cal) Chicken Gumbo (320 Cal/420 Cal)	<b>9</b> <u>ENTREES</u> Meat Lasagna (320 Cal) Rotisserie Chicken (400 Cal)  <u>SOUPS</u> Chicken with Ditalini Soup (160 Cal/210 Cal) Vegetable Orzo (160 Cal/210 Cal)	<b>10</b> <u>ENTREES</u> BBQ Brisket (280 Cal) Fried Chicken (530 Cal)  <u>SOUPS</u> Minestrone (210 Cal/290 Cal) Chicken Double Noodle (200 Cal/270 Cal)	<b>11</b> <u>ENTREES</u> BBQ Pulled Pork (300 Cal) Cajun Chicken (130 Cal)  <u>SOUPS</u> Chili Con Carne (390 Cal/520 Cal) Chicken Double Noodle (200 Cal/270 Cal)
<b>14</b> <u>ENTREES</u> Lemon Herb Tilapia (210 Cal) Spinach Lasagna (300 Cal)  <u>SOUPS</u> Chicken Noodle (320 Cal/430 Cal) Broccoli Cheddar (380 Cal/540 Cal)	<b>15</b> <u>ENTREES</u> Vietnamese Pork Chop (140 Cal) Fried Chicken (530 Cal)  <u>SOUPS</u> Tomato Basil (220 Cal/290 Cal) Chicken Gumbo (320 Cal/420 Cal)	<b>16</b> <u>ENTREES</u> Latin Spice Chicken (140 Cal) Corned Beef (410 Cal)  <u>SOUPS</u> Chipotle Chicken Tortilla (200 Cal/260 Cal) Vegetable Rice (130 Cal/170 Cal)	<b>17</b> <u>ENTREES</u> Yankee Pot Roast (260 Cal) Fried Chicken (530 Cal)  <u>SOUPS</u> Italian Wedding (200 Cal/270 Cal) Chicken Double Noodle (200 Cal/270 Cal)	<b>18</b> <u>ENTREES</u> Baked Pit Ham (150 Cal) Rotisserie Chicken (400 Cal)  <u>SOUPS</u> Timberline Chili (440 Cal/590 Cal) Chicken Double Noodle (200 Cal/270 Cal)
<b>21</b> <u>ENTREES</u> Lemon Herb Tilapia (210 Cal) BBQ Chicken (440 Cal)  <u>SOUPS</u> Fire Roasted Vegetable (110 Cal/150 Cal) Chicken Double Noodle (200 Cal/270 Cal)	<b>22</b>	<b>23</b> <u>ENTREES</u> Country Style Meatloaf (260 Cal) Arroz Con Pollo (250 Cal)  <u>SOUPS</u> Tomato Basil (220 Cal/290 Cal) Chicken & Rice (140 Cal/190 Cal)	<b>24</b> <u>ENTREES</u> Jambalaya (320 Cal) Fried Chicken (530 Cal)  <u>SOUPS</u> Pasta Fagioli (210 Cal/280 Cal) Chicken Double Noodle (200 Cal/270 Cal)	<b>25</b>
<b>28</b> <u>ENTREES</u> Fresh Water Catfish (170 Cal) Asian Five Spice Chicken (120 Cal)  <u>SOUPS</u> Cheddar Bacon Potato Chowder (480 Cal/640 Cal) Chicken Double Noodle (200 Cal/270 Cal)	<b>29</b> <u>ENTREES</u> Herbed Turkey Breast (130 Cal) Fried Chicken (530 Cal)  <u>SOUPS</u> Tomato Basil (220 Cal/290 Cal) Chicken Gumbo (320 Cal/420 Cal)	<b>30</b> <u>ENTREES</u> Meat Lasagna (320 Cal) Rotisserie Chicken (400 Cal)  <u>SOUPS</u> Chicken with Ditalini Soup (160 Cal/210 Cal) Vegetable Orzo (160 Cal/210 Cal)	<b>31</b> <u>ENTREES</u> BBQ Brisket (280 Cal) Fried Chicken (530 Cal)  <u>SOUPS</u> Minestrone (210 Cal/290 Cal) Chicken Double Noodle (200 Cal/270 Cal)	<b>1</b> <u>ENTREES</u> BBQ Pulled Pork (300 Cal) Cajun Chicken (130 Cal)  <u>SOUPS</u> Chili Con Carne (390 Cal/520 Cal) Chicken Double Noodle (200 Cal/270 Cal)